

L. J. PARTHENOS AND SON
PTY LTD.
FRESH PRODUCE
MERCHANTS.

WEEKLY FRESH
PRODUCE
NEWSLETTER

28.8.2019 To
4.9.2019

L. J. Parthenos and Son Pty Ltd

28. 8. 2019 TO 4. 9. 2019

Fruit.

- * Beautiful new season Tamarillos now available
- * Lemon prices this week will be at lower levels again this week
- * Pas
- * Passion fruit prices are high
- * All Melon prices are UP, and seedless watermelon price will be high also this week.
- * Fresh local Finger Limes are in good supply
- * Pomegranates from local crops are slowing
- * Green Pawpaw is a great option and green mangoes supply is increasing for green
- * NT. Mangoes are sensational and with reasonable prices
- * Avocado prices will be stable and will continue into next week, prices are stable
- * Pineapples stock this week will remain low prices are high.
- * Pink and Yellow grapefruit are a great price.
- * Grapes have now USA supply and Black Muscat grapes and are very Expensive
- * Citrus fruit from QLD. S.A. NSW. And VIC Excellent and improving.
- * All Apples and corella, Packham, nashi Pears are improving.
- * Fresh Blood Oranges are in full swing.
- * Fresh Valencia Oranges are excellent, and Lemonade fruit now available.
- * Lime prices will continue to be high due to low-level supply
- * Rhubarb is extra class.
- * Blueberries prices are dropping, and Raspberries and Strawberry will remain stable
- * Stone fruits season only USA available
- * Qld. Mandarins are sensational
- * Fig prices will jump and will continue to be high.
- * Black berries have slowed, and prices are rising.
- * Growing region for strawberries has shifted to Vic, Sth Aust, and W.Aust.

The Winter season is finishing soon so keep me informed of your needs for new stock to supply you and with any relevant issue that may confronted us over the next few weeks NB. The very low weather temperatures recently has had an effect on all produce supply and quality we are now coming out of an unstable environment and some lines will affected greatly.

Vegetables

- * Shemiji, Oyster, baby Ilingi, will be in good supply and Brown mushrooms are down in supply Extra Large Field Mushrooms have improved.
- * Heirloom radishes please enquire first as supply is consistent.
- * Regular iceberg and large Cos are down in price I have begun a new crop of VIC. Stock.
- * New season Kale, Tuscan, and new product red butter and baby red baby cos.
- * Hard produce prices for all pumpkins and all potatoes lines are up in price and will continue.
- * Bean handpicked and Snake beans, Borlotti beans PRICES ARE HIGH AND THE QUALITY IS STILL GOOD. Broad Beans are now showing good appearances
- * Snow peas, Peas prices will be high in price Sugar snaps will also be high.
- * Zucchini flower supplies will improve over the next week and will continue further.
- * Long red chilli prices have risen to high priced levels.
- * All hydro lettuces, baby cos heart supply is improving prices and will stabilize.
- * Asparagus crops started from local Australian farms very high in price.
- * Vine ripened trays and truss prices have eased in price quality is excellent and Roma's and Rounds have reasonable in price.
- * Spring onions are very low in supply Shallots; Pickling Onions are beautiful, imported Black Garlic is still on.
- * Veg lines have risen in price and Red Capsicums and will continue to be rise in price, and yellow caps will still be high.
- * Chinese veg Hong Kong Choy Sum, Gai lum Sum, Mon Bok, On Choy will struggle with the low temperatures.

New Loose Leaves 23 new varieties now available from our warehouse call me for info

- * BABY EURO LEAF MIXED SALAD PREPARED BY LEO DAILY MUST BE MADE TO ORDER BY LEO IS POSING A SMALL ISSUE REGARDING VARIETY OF LEAVES THIS WILL IMPROVE
- * Root veg e.g. Fennel baby only and Parsnips, Celeriac, Leek are coming in and numbers will continue.
- * Pencil leeks, Target Beets have improved in supply this week, large Golden Beets are in an easier situation.
- * Caulies prices are down this week and Eggplant are high in price though.
- * Baby veg is better in supply and quality is excellent availability this week will continue improve as will Heirloom baby tomatoes.
- * English Spinach, Silver beet and now Rainbow chard, Finesse and Frieze heads are in low price this week.

Herbs & Specialty.

- * USA seedless grapes stocks are excellent though the prices are outrageous .
- * All herb lines will be improving this week into next week.
- * Heirloom tomatoes have risen to good numbers variety levels are excellent.
- * Baby Heirlooms, Vine Ripened, Ox hearts prices are down in price I have improving supply of extra-large heirloom tomatoes.
- * Petite Bouche Exotic Leaves, please note I have an excellent supply of loose leaves
- * Seedless Water melon price, other melon varieties will be high in price except for Desapo
- * Baby herb lines are improving, and all other herb lines are improving with better temperature and weather.
- * Chinese veg quality and availability needs to be assessed daily though quality is improving.
- * Horseradish will be in better supply list and the quality is really dropping
- * Navel Oranges Ruby Grapefruit prices are very low
- * Fig price is rising, and availability is decreasing season will continue into July but low supply.
- * Heirloom baby Radishes are better in supply.
- * Cherry and grape tomatoes both loose and cherry truss prices are high in price.
- * All loose-leaf delicate lines will be excellent as these items love the cold but. Not too cold temperatures.

ATTENTION Fruit of the month----STRAWBERRY PRICES ARE FANTASTIC





A SELECTION OF WINTER/SPRING FRUIT



Fresh LOCAL pomegranates SENSATIONAL STILL

GLAMOUR HEIRLOOM TOMATOES EXCELLENT THIS WEEK AND INTO NEXT WEEK



Raspberry prices are DOWN this week



IMPORTED Green Asparagus



SELECTION OF WINTER/SPRINGS LINES LOCALLY GROWN



LEMONADE FRUIT STILL GOING STRONG



RADICCHIO HEARTS ARE IMPROVING



EXCELLENT SUPPLY OF ZUCCHINI FLOWERS



EXCELLENT SEASON JERUSALEM ARTICHOKES



NEW SEASON TAMARILLOS SENSATIONAL



EXCELLENT RAINBOW CHARD ARRIVING DAILY



Wild Shiitake mushrooms are sensational



SENSATIONAL SEASONAL EURO MIX LEAF DESIGNED BY LEO PARTHENOS AND MADE TO YOUR INDIVIDUAL RECIPE



CHERRY TRUSS ARE GETTING BETTER BUT PRICES ARE HIGH.

NEW SEASON BLOOD ORANGES NOW IN FULL SUPPLY



BROAD BEANS SUPPLY IS IMPROVING





NEW SEASON APPLE AVAILABILITY IMPROVING BUT PRICES ARE HIGH





SALSIFY ROOT BLACK AND WHITE



SMOKED GARLIC AND BLACK GARLIC





Californian stone fruit still continuing

Please call me to discuss AUTUMN produce and any special needs which refer to menu changes, availability and pricing

FIGS ARE VERY PRICEY



L. J. PARTHENOS AND SON PTY
LTD.
FRESH PRODUCE MERCHANTS.

FRESH
PRODUCE
SPREADSHEET

28. 8. 2019 To
4. 9. 2019

L. J. PARTHENOS AND SON PTY LTD FRESH PRODUCE MERCHANTS IS
A MEMBER OF THE PARTHENOS FAMILY GROUP HLD.

Please read the chart below for a quick guide to produce

<u>FRUIT</u>	<u>VARIETY</u>	<u>MARKET STATUS</u>	<u>PRICE QUOTE</u>
Apples	Golden Delicious	ALL VARIETIES PRICES ARE EXCELLENT	
	KANZI	"	
	Granny Smith	"	
	Fuji	"	
	Braeburn	"	
	Pink Lady	"	
	Royal Gala	"	
	JAZZ	"	
Apricots		OUT OF SEASON	
Bananas		PRICES ARE HIGH	***
Berries	Blackberry	VERY LOW SUPPLY	
	Blueberry	HAVE DROPPED IN PRICE	***
	Boysenberry	NO	
	Gooseberry	NO	
	Raspberry	PRICE IS ACCEPTABLE	
	Strawberry	PRICES ARE DOWN	***
	Mulberry	SOON	
	Youngberry	NO	
Cherries		SEASON FROM USA	
Dates		EXCELLENT USA PRODUCT	
Figs		VERY LOW SUPPLY	
Grapes	Black	EXCELLENT IMPORTED	
USA PRODUCE THIS WEEK	Red	EXCELLENT IMPORTED	
	Dried	YES	
	Muscateles	YES	
	Sultana	THOMPSON SEEDLESS USA	
Grapefruit	White	BETTER SUPPLY	***
	Pink	PRICE IS EXCELLENT	***
Kiwifruit		REASONABLE	***
Lemons		PRICES EASING	***

Limes		I HAVE 3 GRADES TO SUIT	***
Lychees		FINISHED IMPORTED ONLY	
Mandarins		LOCAL FRUIT NOW IN	***
Mangoes		NT FRUIT IS EXCELLENT	
Melons	Honeydew	HIGH IN PRICE	
	Rockmelon	HIGH IN PRICE	
	Champagne	INCONSISTENT	

	Watermelon	BETTER QUALITY PRICE IS EXTREMELY HIGH	
Nectarines		SEASON USA	***
Oranges	Navel	FRUIT IS EXCELLENT FROM GRIFFITH AND VIC	***
	Valencia	SEEDLESS EXCELLENT	***
	Blood	EXCELLENT	
Papaya		EXCELLENT QUALITY	
Paw Paw		Top Buy	
Passionfruit		PRICE IS ACCEPTABLE	***
Peaches	Clingstone	SEASON USA	***
	Slipstone	SEASON USA	***
USA STONE FRUIT HAS STARTED AND IMPROVING			
Pears	Nashi	EXCELLENT	
	Beurre Bosc	YES	
	Corella	NEW SEASON	***
	Packham	EXCELLENT	***
	HONEY GOLD	AVAILABLE	
	Sensation	NOT A GOOD OPTION	
	COCKTAIL	SENSATIONAL	
Pineapples		SUPPLY LOW	
Plums IMPORTED ONLY	President	USA	
	Blood	USA	***
	Autumn Giants	USA	
Quinces		EXCELLENT	
Rhubarb		EXCELLENT	***
Tamarillos		VERY GOOD PRODUCT	
Tangellos		EXCELLENT	

VEGETABLES			
Alfafa	Sprouts	8 different varieties	***
Artichoke	Globe	YES EXCELLENT	
	Jerusalem	EXCELLENT SEASON	
Asparagus	Green	AUSTRALIAN JUST STARTED	
	Purple	NO	
	White	AVAILABLE SOON BUT INCONSISTENT	
Avocado		THE PRICES WILL BE STABLE	***
Beans	Beanettes	PRICE ARE HIGH	****
	Borlotti	VERY LOW SUPPLY	
	Broad	SEASON FINISHED	
	Butter	NOTHING THIS WEEK	*****
	Flat	ROMAN BEANS ARE VERY SHORT IN SUPPLY	*****
	Green	EXPENSIVE PRODUCE	***
	Snake	EXCELLENT NT	***

Beetroot	Large	TOP BUY	***
	Baby	EXCELLENT	***
Broccoli	Heads	PRICE IS EASING	***
Brocollini		PRICE IS ALWAYS STABLE	***
Brussell Sprouts		SUPPLY LIMITED PRICE IS HIGH	***
Cabbage	Green	PRICES UP	
	Red	PRICES UP	
	Savoy	SENSATIONAL EURO SAVOY BUT HIGH	
	Chinese	PRICE IS REASONABLE	***
Capsicum	Green	PRICE IS ACCEPTABLE	***
	Red	PRICE IS UP SLIGHTLY	***
	Yellow	EXCELLENT BUT HIGH IN PRICE	***
Carrots	Large/Medium	TASSY PRODUCT IS OUTSTANDING PRICE REASONABLE	

	Baby	EXCELLENT	***
Cauliflower		PRICE THIS WEEK WILL BE LOW HEADS ARE EXCELLENT	***
Celery		PRICE HAS EASED	***
Celeriac		QUALITY IS excellent	
Corn	Sweet	SUPPLY THIS WEEK IS DOWN AND PRCES ARE HIGH	
	Baby	Always a good choice	
Cucumbers	Green	APPLE CUES ARE JUST OK	
	Lebanese	PRICES ARE HIGH	***
	Telegraph	PRICES ARE EASING	***
Eggplant	Medium	PRICES ARE HIGH	***
	Baby/Japanese	good seller this week	***
Escallots	French	Very Reasonable	***
Fennel		BABY BETTER SUPPLY NOW	***
Kohlrabi		SUPPLY IS GOOD	
Leek	Medium	EXCELLENT PRODUCT	***
	Pencil/Finger	EXCELLENT	***
Lettuce	Butter	IMPROVING	***
	Cos/Baby	IMPROVING	***
	Coral - Red/Green	IMPROVING	***
	Oak - Red/Green	IMPROVING	***
	Iceberg	PRICES HAVE EASED AND QUALITY IS EXCELLENT	***
	Mignonette	IMPROVING	***
	Endive	QUALITY	***
	Mache	BE CAREFUL	***
	Radicchio	VERY STABLE SUPPLY	

	Tatsoi	RECEIVING BETTER PRODUCT	***

MUSHROOM UPDATE	Button	EXCELLENT	***
AVAILABILITY OF ALL TYPES OF MUSHROOMS	Cup	PRICE HIGH	***
WILL IMPROVE THIS WEEK.	Flat	PRICE HAS JUMPED UP	***
	Swiss Brown	IMPROVING SUPPLY	***
BETTER SUPPLY OF BUTTONS AND FLATS	Shitake	TASMANIAN WILD ASIAN VARIETY	***
	Black/White Funghi	YES	***

	Wild/Forest	VERY LIMITED	
	Enoki	YES	***
	Oyster - W/P/Y	BETTER SUPPLY	***
	Shemeji	BETTER	***
	Portobello	LOW SUPPLY	***
FOREST MUSHROOM		NO	
Okra		VERY GOOD IN SUPPLY	
Onions	Brown	PRICE HAS RISEN	
	Spanish	TOP BUY	
	Pickling	YES	
	White	PRICE IS UP	
	Spring	IMPROVING	***
Parsnips		PRICES ARE STILL HIGH	
ALL LARGE DESERIE POTATOES PRICES ARE VERY HIGH STILL	New	PRICE IS DOWN	***
A GREAT DEAL OF SUPPLY IS YET TO START	Cocktail	PRICES SLIGHTLY LOWER	***
QUALITY IS	Desiree	ALL DESERIE POTATO PRICES ARE EASING	***
IMPROVING	Pontiac	EXCELLENT	***
	Buntje	EXCELLENT	***
	Kipfler	PRICE IS UP	***
	Pink Eye	YES	***
	Purple Congo	PURPLE BLISS AND CONGO	***
	Pink Fur	YES	***
	Dutch Cream	YES, AND EXTRA LARGE ALSO	***
	Russet Burbank	YES	
	Rosevals	YES	
	Spunta/Nicola	EXCELLENT	
	Sweet/Kumera	EXCELLENT	
	Sebagos	IMPROVING	***
Peas	Green	HIGH PRICE	***

	Snow	PRICES HAVE EASED	***
	Sugar Snap	PRICES HAVE EASED	***
Pumpkin	Butternut	HIGH PRICED PRODUCT	

	Queensland Blue	GREAT PRICE RIGHT NOW	
	Golden Nugget	VERY EXPENSIVE	
	Jap	PRICE IS IMPROVING	
Radish	White/Daikon	BETTER	
	Red	EXCELLENT ALL SIZES	***
	Horse	BETTER QUALITY	***
Spinach	English	PRICE HAS DROPPED	***
	Silverbeet	PRICES ARE DOWN THIS WEEK	***
Squash	Green	VIRTUALLY ZERO	
	Yellow	PRICE IS STABLE	
Swedes		NEW CROP I WOULD WAIT	
TOMATOES			
ALL TOMATOES ARE EXCELLENT IN QUALITY BUT SOME PRICES ARE HOLDING HIGH STILL	Round	PRICES ARE SENSATIONAL	***
	Cherry	HIGH PRICE THIS WEEK	***
	Teardrop	VERY LIMITED	***
	Roma	PRICES ARE SENSATIONAL	***
	Vine Ripened	PRICES ARE EXCELLENT	***
	Black Orthello	IMPROVING SUPPLY	***
	Ox Tomato	ITALIAN OX HEART SUPPLY IS VERY GOOD	***
Turnips	Medium	NEW CROP JUST STARTED TODAY	
	Baby	BETTER	
Whittlof	Green	BETTER SUPPLY	
	Red	LOW SUPPLY THIS WEEK	
		AND PRICES ARE STILL HIGH	
Zucchini	Green	PRICES ARE EXCELLENT	***
	Yellow	LIMITED	***
	Flowers	PRODUCT QUALITY IS IMPROVING SUPPLY IS INCREASING	***
ASIAN			
Bean Shoots		BETTER	
Banana Leaf		BETTER SUPPLY	
Bok Choy	Bunch	EXCELLENT	***
	Baby	TRAYS ARE FANTASTIC	***
Choy Sum		GOOD	***

Chinese Broccoli		EXCELLENT	***
Curry Leaf		VERY LIGHT AND LOW SUPPLY	***
Galangal		GREAT	***
Vine Leaf		YES BUT LIMITED	***
ON CHOY	LOOSE	EXCELLENT	***
MIXES			
Mescaline		BETTER	***
Asian Mix		YES	***
Cress Mix		YES	***
Baby Spinach		EXCELLENT	***
Wild Rocquette		EXCELLENT	***
Baby Rocquette		QUALITY IS SUSPECT	***
Mizzuna		BETTER	***
Finesse		EXCELLENT	***
Baby Tatsoi		BETTER	***
Snow Pea Leaf		BETTER SUPPLY	***
HERBS			
Basil	Green	PRICES ARE NOW EASING	***
	Purple	ZERO	***
	Thai	BETTER SUPPLY	***
Bay		GOOD SUPPLY THIS WEEK	***
Chervil		QUALITY AND SUPPLY IS VERY IMPROVING	***
Chives	Green	EXCELLENT BUT A LIITLE SHORT	***
	Garlic	GREAT PRODUCT	***
	White	SLOWLY FILTERING THROUGH	***
Chickory		VERY GOOD SUPPLY	***
Chillies	Birdseye	BETTER PRICE NOW	***
	Green	YES	***
	Long Red/Green	PRICE IS HIGH	***

Parsley	Continental	VERY GOOD QUALITY	***
	Curly	PRICE IS HIGH	***
Coriander		VERY GOOD SUPPLY	***
Tarragon		FRENCH IS DOWN IN STOCK	***
Dill		BETTER SUPPLY	***
Garlic		TOP MARKET BUY	***
Ginger		LOW SUPPLY THIS WEEK	***
Finger Limes		FROZEN & FRESH SUPPLY	***
Lime Leaf		HIGH PRICE	***
Peppercorn		FINISHED	
SORREL		IMPROVING	
<p>INDIVIDUAL PRODUCE AVAILABILITY AND PRICE ENVIRONMENT FOR THE WEEK 28/8/19 TO 4/9/19 ALSO LOOK AT LAST COLOUMN FOR ** * FOR CHEAP BUYING AND GOOD AVAILABILITY THROUGH AUTUMN/WINTER</p>			

STOP THE PRESS:

PLEASE CALL OR EMAIL ME REGARDING THE FOLLOWING NEW SEASON ITEMS

BLOOD ORANGES IN STOCK

ALL VARIETIES OF EGGPLANT ARE HIGH IN PRICE

USA STONE FRUIT IS EXCELLENT

SENSATIONAL RAINBOW CHARD

JERUSALEM AND GLOBE ARTICHOKES

L. J. Parthenos and Son Pty Ltd

28/8/2019 to 4/9/2019

QUICK SNAPSHOT

Produce Projections for the next Period: Market produce will be affected in price by recent weather please make enquiries.

Raspberries Strawberries are at better levels and Blueberries Prices are excellent.

Tomato price will be at excellent levels and Roma tomatoes will be at lower levels also.

Passion fruit is excellent, but price is still up

Lemon prices are down, and navel Oranges are in the same situation Pink Grapefruit is excellent and Pomelo supply excellent

Handpicked Beans high in price but the quality is Excellent.

Improved quantity of root veg is available, all varieties are improving.

Stone fruit supply are from USA crops only.

Fresh Salsify EXCELLENT Horse radish is improving in availability.

Mushrooms crops are improving Swiss brown and Portobello are more consistent and the Korean product is excellent and Chest nut variety is very short, but Buttons are improving.

Baby herbs are excellent in quality this week with current conditions.

All brushed Sebago Potatoes have jumped in price with regional growing areas still not beginning.

All red chillies this week will be a HIGH price for red colour and there is some 2nd grade.

Chats Cocktail potatoes are reasonable for good Sth Australian produce.

Herb produce lines will struggle and high pricing will reflect the hot weather moving in

LEO'S TOP BUYING FOR THE WEEK

WEDNESDAY 28/8/2019 to WEDNESDAY 4/9/2019

THE FOLLOWING ITEMS ARE TO BE CONSIDERED

- JERUSALEM ARTICHOKE
 - ENGLISH SPINACH AND SILVER BEET QUALITY IS IMPROVING, AND PRICES ARE EASING.
 - EXCELLENT SUPPLY OF CITRUS FRUIT, NAVELS, MANDARINS, BLOOD ORANGES.
 - MOST ROOT VEGE LINES, EG. GOLD BEETS HAVE SLIGHTLY IMPROVED IN SUPPLY.
 - GREEN MANGOES ARE IN BETTER SUPPLY AND MANGOES IMPORTED ONLY
 - EXTRA CLASS LOCAL SUPPLY AUSTRALIAN GARLIC HAS BEGUN
- ALL VARIETIES OF APPLES ARE GOOD, NEW SEASON WINTER VARIETIES HEAR NOW.
- EDIBLE FLOWERS ARE JUST ACCEPTABLE
 - FIGS ARE UP IN PRICE WITH FRUIT SLOWING IN SUPPLY
 - EXTRA CLASS HEIRLOOM CHERRY TOMATOES AND BLACK ZEBERINOS VARIETIES PRICES ARE DOWN AND IMPROVED SUPPLY ATM.
 - SPECIAL LETTUCE AND LOOSE-LEAF LINES ARE IMPROVING BUT MUST BE LOOKED AT DAILY.
 - LEBANESE CUE AND BABY CUES ARE DROPPING IN PRICE. ALSO, VARIETIES OF ASIAN PRODUCE WILL SLOW IN SUPPLY DUE TO RECENT INCONSISTENT TEMPERATURES ENQUIRE DAILY.
 - TOP QUALITY NEW SEASON PRODUCTS ARE AVAILABLE PLEASE CALL ASAP
 - LARGE FENNEL AND BABY IS EXCELLENT.
 - LIMES, IN STOCK THIS WEEK THOUGH THE PRICING IS HIGH.
 - PRICES HAVE BEEN DRIVEN UP FOR AN INCREASING WEATHER INCONSISTENCIES

N.B. ALL CITRUS FROM LOCAL CROPS ARE IN FULL SWING

LEO'S CRITICAL ISSUES FOR THE WEEK WEDNESDAY 28/8/2019 to WEDNESDAY 4/9/2019

PLEASE CALL ME REGARDING THE FOLLOWING ITEMS LISTED BELOW

- Baby Fennel will be better in supply, baby root veg's, including heirloom carrots will improve.
- Prices for Spring baby veg this week will be HIGH for this week.
- Tomatoes prices for roma will be down and colour fruit is plentiful
- Zucchini flowers are improving, and actual zucchinis are high in price.
- Local leaf produce is slowly finding its way through to good levels
- All Pears are sensational.
- Roman Beans continuing to be better and will be high in price this week.
- Broccolini supply will DOWN this week and Broccoli prices have DROPPED considerably.
- Fig AVAILABILITY IS SLOWING FOR THIS WEEK AND NEXT WEEK.
- Asparagus Green is now from LOCAL supply and it will be high in price for this week.
- Leek prices have stabilised in price.
- Cavolo Nero, Mizuna, Red Vein Sorrel, has improved this week.
- All citrus lines will be reasonable, and lemons will continue to DROP the rest of July and into August
- All red coloured chillies have jumped in price this week, long greens are high in price.
- Celery Leeks, and Caps are up in pricing though cauliflower is down in price.
- Butternut Pumpkin excellent quality as is Regular Jap and Qld the price is up
- Strawberries Blueberries and Raspberries prices are also down in price

This week's considerations for the following: Be cautious conditions in all growing regions with spring season slow to begin

- Avocado numbers are stabilizing, and prices are down referring all sales to me directly.
- Most veg prices stabilised
- Lemon price levels will be down in price again this week
- Grapes are outstanding the price levels are up for good fruit from the USA
- Loose leaf produce will STRUGGLE due to recent COLD weather.
- Cos and Iceberg lettuce quality is excellent, and prices will be down.
- Edible flowers will be better in supply this week and next week.
- Herb lines this month will improve as weather temperatures ease.
- USA stone fruit lines available, Call me please FOR THE IMPORTED FRUIT PRICING
- Some winter Veg especially produce from the QLD regions are EXCELLENT.
- Bananas are easing in price be very cautious when ordering
- SENSATIONAL NEW SEASON SPRING PRODUCE SOON AVAILABLE.

Consider these items also for this week.

ALL STRAWBERRIES ARE EXCELLENT

YELLOW BEANS ARE POOR

LOCAL AUSTRALIAN MANDARINS ARE SENSATIONAL

TAMARILLOS ARE BACK AND LOOK FANTASTIC

X/Large Bunched lines exceptional

CUMQUATS ARE EXCELLENT BUT FINISHING

New Season large Heirloom Tomatoes IMPROVING

WINTER LEMONADE FRUIT STILL AVAILABLE

NEW SEASON JERUSALEM AND GLOBE ARTICHOKEs

NT. GROWN MANGOES HAVE BEGUN

Iceberg and baby Cos lettuce Hearts excellent

Qld. limes CALL ME I HAVE SOME GREAT LINES.

Heirloom cherry toms Black Kumato, Cherry Medley & BLACK CRIMSON

USA STONE FRUIT IS EXCELLENT

The L. J. Parthenos Fresh Produce Co. Pty Ltd

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**ATTENTION ALL CHEFS AND
PURCHASING PERSONEL**

**ALL PRODUCE LINES THIS WEEK
WILL IMPROVE INTO NEXT WEEK**

**SUPPLY IS INCREASING AND PRICES
WILL FALL**

**THERE ARE A FEW LINES THAT NEED
CLOSE ATTENTION THEREFORE WE
MUST COMMUNICATE REGULARLY**

THIS WEEK'S PRODUCE UPDATES FOR THE WEEK 28/8/2019 TO 4/9/2019

- *Euro Savoy, Tuscan and red and baby Kale excellent
- *Fresh Finger limes this week are available frozen also.
- *Fresh Pomegranates slowly finishing very soon.
- *Fennel Large and baby price and quality excellent
- *Herbs will still struggle with cold temperatures
- *Gorgeous Beetroot red, large gold *Celery is expensive.
- *Caulies are down in price to reasonable levels
- *Large Heirloom tomatoes are improving in supply
- *Excellent De Sapa, however Rock, and Honey Melons prices are up
- *Turnips, Swedes, Parsnips will drop in price
- *Pineapples are very low in supply prices will remain high.
- *Lemons prices will be down AGAIN this week I have a cheaper grade that will suit
- *Lime prices have fallen please call for me
- *Blood oranges excellent and top buy
- *Stone fruit nectarines peaches and plums from our imported producers are excellent.
- *Navels new season is sensational Seedless Valencia Excellent
- *Tasmanian shiitake mushrooms and Chest nuts and Namenko mushrooms now available.
- *Jerusalem Artichokes new season is awesome.
- *Mandarin are excellent, and I have local QLD fruit now available
- *NT. Mango Sensational supply will continue.
- *Celeriac is a continuing option this week though up in price.
- *Avocado will be stable in supply and the prices will be sensational
- *Beans season supply is low prices are EXTREMELY HIGH
- *Top buy Rhubarb, Spring onions, Baby Escallots

THERE ARE SOME OF THE LINES THAT ARE NOW SLOWING IN SUPPLY
HOWEVER, THERE ARE
TOMATOES, CELERY, CAULIFLOWERS, AND ALL FORMS OF LETTUCE, ALL HERB LINES, POTATOES, MOST VEGE LINES ARE EXCELLENT, ALL TROPICAL FRUIT, CITRUS, AND SOME OTHER LINES ARE A SENSATIONALLY CHEAP PRICE.

PRODUCE ISSUES AND HIGHLIGHTS FOR WEEK 28/8/2019 TO 4/9/2019

Call me regarding these lines

- * Female Zucchini Flowers are excellent this week.
- * Imported stone fruit is now available.
- * Chats cocktails excellent buy
- * Strawberries are down in price; quality is excellent from Qld.
- * Figs have slowed in supply. Prices very high
- * Regular Water melon excellent but prices are very high
- * All Leaf Lines will improve now and next week
- * Brussels sprouts are sensational in supply and in quality.
- * Sugar Snap Peas and Snow Peas have eased slightly in price
- * Green and Corella Pears Excellent
- * Round Tomato crop is stable in price and Roma tomatoes are improving in supply
- * Green baby Peas are low in supply and Yellow beans are extremely good in supply

INCONSISTENT AND NOTABLE LINES THIS WEEK

- *English Spinach and Silver beet prices are easing
- *Super sweet Corn and zucchini prices are EASING
- *Kipfler potatoes are improving in supply prices are still high though
- *Roman flat beans very low supply
- *Glamour Hydro lettuces and Baby Endive Hearts prices are EXCELLENT
- *Beautiful pencil, baby Leeks, medium to large leeks
- *Raspberries are still good value Strawberries are down in price Tasmanian and Nth Coast Berries are improving
- *Qld. Blue and Jap Pumpkins excellent
- *Watercress and picked watercress are sensational I am hand picking watercress for some clients. Please request
- *Extra class Extra-large iceberg prices have eased
- *Horseradish is very good quality
- *Baby Cos and Baby Gems Excellent
- *Jerusalem Artichokes are sensational.

PLEASE CONSIDER THE SOME OF THE ABOVE ITEMS I HAVE LISTED, ARE AT PRESENT EXCELLENT QUALITY AND AT THEIR PEAK DUE TO INCREASING QUANTITY OF STOCK THIS HAS LOWERED SOME PRICES TO ACCEPTABLE LEVELS. THERE IS A GREATER QUANTITY OF PRODUCTS TO VIEW THESE ARE ISSUES YOU MUST CONSIDER WHEN ORDERING PRICES ARE CHANGING DAILY. AND SOME LINES WILL IMPROVE THIS WEEK DUE TO RECENT CONSISTENT GOOD WEATHER I AM MORE CONCERNED WITH THE COLD.